

I BELIEVE IN
MIRACLES

my daily journal

Preface

My Daily Journal

There are many many things that Anthony Robbins has taught me that have had a profound effect on my life, but one really sticks with me, “If you talk about it’s a dream, if you envision it, it’s possible, but you write it down or schedule it, it’s real.” In his books and training models for transformational-development, what he calls your ‘personal power,’ is firmly rooted in the idea to take time for yourself each day and create a habit of inner reflection whether through exercise or meditation. This is what he calls your “hour of power.” In his first training program that I ever did, something that stood out most was an idea that if you walk every morning for six weeks you will walk every day for the rest of your life. I can swear to you that this is not only true but has been an essential ingredient for my creativity. In March of 2010 Julia Cameron released her book, *The Artist’s Way* where she calls this “morning minutes.” In fact there are so many amazing examples of using journaling to reinvent yourself and unlock your inner artist that I can only call on a very few.

For many years journaling has been something of great significance as a vehicle for personal growth for me. All growth is about metrics. The great Samurai Master Murimoto Musashi said that “all suffering can be attributed to a lack of strategy and the way is in training.” But if you aren’t effectively tracking your progress how can you grow and evolve in a way that is measurable and sustainable?

This book is meant to share with you some things that I have learned about inspiration and quiet reflection. Some call this ‘mindfulness,’ for me meditation and the energy of intention is what gives my work it’s essence. Everything that gives it value is all about this inner dialog. When I was working on this book I thought maybe I should have days marked ‘Day One, Day Two’ and call it the “Ninety-nine Day Transformational Journal” or “A Hundred Days to Freedom,” but then I thought I can’t design your method or technique or even drive the content for any presupposed outcome. The only thing I can do is create a

There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.

Albert Einstein

place for a collaboration---a collaboration of mind and spirit! This is yours to start your own personal journey and find your inner voice!

In Stephen Covey’s book *The 8th Habit* he proclaims; “Only the disciplined are truly free. The undisciplined are slaves to their moods, appetites and passions.” It’s in these moments of inner reflection and journaling that I find clarity. Most recently I decided very clearly and absolutely--- I BELIEVE IN MIRACLES BECAUSE I’VE WITNESSED THEM! I BELIEVE YOU CAN REINVENT YOURSELF AND UNLOCK UNLIMITED POSSIBILITIES JUST AS I HAVE AND I OFFER PROOF. Through journaling you will make a difference as I have through my passions and deepest commitment to make things of both intrinsic and extrinsic value---in fact I will not die with that voice still in me! This freedom is for everyone.

This journal contains a collection of over a hundred paintings accompanying quotes from over a hundred separate authors that have inspired me to chase my dreams and reinvent myself again and again.

This is your book that has the lines for you to write your story---the story of who- what you choose to be; where you are and where you want to go.

See it, believe it and make it happen!

It’s with fortitude and confidence that I wish you the three treasures of Lao Tzu; simplicity, patience and compassion

Your adventure begins here and now

all good things,
Edward Lentsch

I BELIEVE IN MIRACLES

My story started in 2015 when I was in upstate New York at the Hamptons Art Fair. I had worked for twenty-eight days straight to finish a new collection for display at the fair, followed by a pop-up show in a posh boutique hotel that a special patron of mine had organized. When I awoke that Monday morning headed for Manhattan I had what I was later to discover as an 'ocular inclusion' (a very tiny blood clot that had gone to the eye to cut off the oxygen causing a blind spot.) My first instinct was that it was something that could be fixed with a nap and some Visine. This is where an incredibly serendipitous event occurred that changed my life forever.

As I arrived in New York, I received a phone call completely out of the blue from the executive assistant of one of my collectors, a doctor in NYC. I remembered him and his wife and the painting they had bought. I especially remembered how they spent time talking to my wife about Alzheimer's Disease, which her mother was suffering from. They were incredibly smart and exceptionally kind. They had even sent me a couple of thoughtful notes over the years telling me how much they enjoyed their painting. We were not friends by any means, just a casual acquaintance that I met at an art fair.

So this phone call that came was quite a surprise, I had no idea they had been following my social media campaigns. When his assistant called, I remember saying, "I have this weird thing with my eye going on and I wonder if I could call you back?" Her reply was emphatically, "Wait a second what!" and after a couple more seconds this Assistant said something I will never forget. She said sternly, "The doctor will want to know about this immediately---you just stop whatever you're doing and take a seat and please wait to answer my call ---I'll call you back in a few minutes; it might take a while for me to track him down but don't you do a thing until you hear back from me!"

It turned out this client of mine was not just a prominent New York doctor, but he is also the CEO a major hospital in NYC. A few minutes later my phone rang again and his

assistant said, "He wants you to go in to see this particular doctor immediately. Your eyes are nothing to mess around with. They are expecting you and will take it from there."

Before I knew it I was in the ICU ---turns out that my heart had been in A-fib for several days and was throwing clots to my brain and in this case starting with my eye. My quick-fix approach could have been a deadly mistake. My heart was in such a stressed state they ended up putting in a temporary pacemaker. Lying in hospital, I realized a couple of things: One, this arbitrary call out of the blue and the unique timing of this phone call felt like divine intervention; and two, being an artist actually meant something to this wonderful man and I was significant in his eyes. Later, when my doctor collector visited me in hospital and told me stories about how he and his wife would go to their retreat in Aspen, and sit in the room to simply to read and sit in front of the fire to look at my painting and how profoundly it moved them. "It just looks like it was meant for the space we get so much joy from it!" he said.

At that moment I realized something I had almost forgotten: I am an artist of consequence and my work can create joy and inspire people. I am powerful in my ability to serve and make a difference! I don't need to be famous! It's not an exhibition at the "grand museum of museums" that will validate me and fulfill me as an artist? At that moment an incredible sense of gratitude filled me to tears as I had a profound moment of clarity. I thought: Is this it? Am I going to "die with my music still in me..."

What was to follow is a new and renewed enthusiasm and drive to make a contribution and not ever waste another minute. I plan I dream I envision I create---I am free I am powerful unblounded with all possibilities!

*Learn from yesterday, live for today, hope for tomorrow.
The important thing is not to stop questioning.*

journal



Defining Synectics
2014 80 x 60 inches

Logic will get you from A to B. Imagination will take you everywhere.

You have to learn the rules of the game. And then you have to play better than anyone else.

Insanity: doing the same thing over and over again and expecting different results.

Look deep into nature, and then you will understand everything better.

Albert Einstein

journal

Solitude is independence.
Hermann Hesse



Flow of Emenations
2015 54 x 76 inches

The aim of art is to represent not the outward appearance of things, but their inward significance.

journal



Golden Eye
2007 46 x 40 inches

Happiness depends upon ourselves

There is no great genius without some touch of madness.

The ultimate value of life depends upon awareness and the power of contemplation rather than upon mere survival.

Excellence is an art won by training and habituation. We do not act rightly because we have virtue or excellence, but we rather have those because we have acted rightly. We are what we repeatedly do. Excellence, then, is not an act but a habit.

Aristotle

journal

The starting point of all achievement is desire.
Napoleon Hill



The Randomized Alorithm
2015 42 x 62 inches

Our greatest glory is not in never falling, but in rising every time we fall.

journal



Do Not Die of the Fool's Sickness
2015 35 x 35 inches

By three methods we may learn wisdom: First, by reflection, which is noblest; Second, by imitation, which is easiest; and third by experience, which is the bitterest.

I hear and I forget. I see and I remember. I do and I understand.

Wisdom, compassion, and courage are the three universally recognized moral qualities of men.

Confucius

journal

*If you don't like something, change it. If you can't
change it, change your attitude.*

Maya Angelou



Lady of the Mountain
2014 66 x 88 inches

*Do not dwell in the past, do not dream of the future,
concentrate the mind on the present moment.*

journal



Bernoulli's Principle
2014- 45 x 35 inches

*We are shaped by our thoughts; we become what we
think. When the mind is pure, joy follows like a shadow
that never leaves.*

What we think, we become.

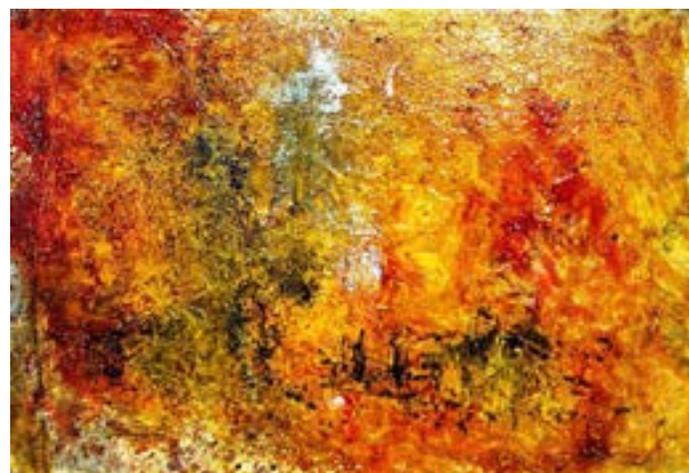
*Those who are free of resentful thoughts surely find
peace.*

Buddha

journal

The true delight is in the finding out rather than in the knowing.

Isaac Asimov



Recursive Self-Development
2011 30 x 44 inches

The secret of getting ahead is getting started.

journal



Nag Hamadi
2012- 55 x 45 inches

You can't depend on your eyes when your imagination is out of focus.

Get your facts first, then you can distort them as you please.

All you need in this life is ignorance and confidence, and then success is sure.

It is better to keep your mouth closed and let people think you are a fool than to open it and remove all doubt.

Mark Twain

journal

*He that is kind is free, though he is a slave; he that is
evil is a slave, though he be a king.*
Saint Augustine



The Mentalist
2015 46 x 84 inches

*Today you are you! That is truer than true! There is no
one alive who is you-er than you!*



Birth of a Butterfly
2012- 72 x 60 inches

*The more that you read, the more things you will know.
The more that you learn, the more places you'll go.*

*Think left and think right and think low and think high.
Oh, the thinks you can think up if only you try!*

*Step with care and great tact, and remember that Life's
a Great Balancing Act.*

Dr. Seuss

journal

journal

*Very little is needed to make a happy life; it is all within
yourself, in your way of thinking.*
Marcus Aurelius



La Conte Du Graal
2012 42 x 70 inches

We know what we are, but know not what we may be.



Alchemist's Reason
2007- 76 x 54 inches

*Ignorance is the curse of God; knowledge is the wing
wherewith we fly to heaven.*

*This life, which had been the tomb of his virtue and of
his honour, is but a walking shadow; a poor player, that
struts and frets his hour upon the stage, and then is
heard no more: it is a tale told by an idiot, full of sound
and fury, signifying nothing.*

*All the world's a stage, and all the men and women
merely players: they have their exits and their entranc-
es; and one man in his time plays many parts, his acts
being seven ages.*

William Shakespeare

journal

journal

*Some of us think holding on makes us strong; but
sometimes it is letting go.*

Hermann Hesse



Cracked Brass Bell
2012 40 x 60 inches

Tell me and I forget. Teach me and I remember. Involve me and I learn.

journal



Asymmetric Cipher
2007- 46 x 38 inches

By failing to prepare, you are preparing to fail.

Without continual growth and progress, such words as improvement, achievement, and success have no meaning.

How few there are who have courage enough to own their faults, or resolution enough to mend them.

Remember not only to say the right thing in the right place, but far more difficult still, to leave unsaid the wrong thing at the tempting moment.

Lost time is never found again.

Benjamin Franklin

journal

Life is the flower for which love is the honey.
Victor Hugo



Moment of Reflection
2013 42 x 62 inches

You have to dream before your dreams can come true.

journal



The Dirty Penny
2008- 76 x 54 inches

Let us sacrifice our today so that our children can have a better tomorrow.

Never stop fighting until you arrive at your destined place - that is, the unique you. Have an aim in life, continuously acquire knowledge, work hard, and have perseverance to realise the great life.

God, our Creator, has stored within our minds and personalities, great potential strength and ability. Prayer helps us tap and develop these powers.

A. P. J. Abdul Kalam

journal

Courage is grace under pressure.
Ernest Hemingway



Jungian Therapy
2009 52 x 84 inches

*Character is like a tree and reputation like a shadow.
The shadow is what we think of it; the tree is the real
thing.*



Lion of Africa
2007- 60 x 50 inches

*You cannot escape the responsibility of tomorrow by
evading it today.*

*Always bear in mind that your own resolution to suc-
ceed is more important than any other.*

*You can fool all the people some of the time, and some
of the people all the time, but you cannot fool all the
people all the time.*

*Better to remain silent and be thought a fool than to
speak out and remove all doubt.*

Abraham Lincoln

journal

journal

We relish news of our heroes, forgetting that we are extraordinary to somebody too.

Helen Hayes



Anfora Di Baratti
2013 35 x 51 inches

The journey of a thousand miles begins with one step.



The Durac Equation
2008- 48 x 42 inches

Kindness in words creates confidence. Kindness in thinking creates profoundness. Kindness in giving creates love.

To the mind that is still, the whole universe surrenders.

Knowing others is wisdom, knowing yourself is Enlightenment.

I have just three things to teach: simplicity, patience, compassion. These three are your greatest treasures.

The key to growth is the introduction of higher dimensions of consciousness into our awareness.

All difficult things have their origin in that which is easy, and great things in that which is small.

Lao Tzu

journal

journal

Power always thinks it has a great soul and vast views beyond the comprehension of the weak.

John Adams



Eleusinian Mysteries Part IV
2014 66 x 88 inches

Life's most persistent and urgent question is, 'What are you doing for others?'



Defining Synectics
2007- 100 x 80 inches

The time is always right to do what is right.

I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin, but by the content of their character.

Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that.

Love is the only force capable of transforming an enemy into friend.

We must accept finite disappointment, but never lose infinite hope.

Martin Luther King, Jr.

journal

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No act of kindness, no matter how small, is ever wasted.
Aesop



Grasping for the Mastery of Wisdom
2013 42 x 50 inches

Fate chooses our relatives, we choose our friends.
Jacques Delille



Emerald Tablet
2009 88 x 66 inches

Men should strive to think much and know little.

I would rather discover one true cause than gain the kingdom of Persia.

Men should strive to think much and know little.

Hope of ill gain is the beginning of loss.

If thou suffer injustice, console thyself; the true unhappiness is in doing it.

Democritus

Failure will never overtake me if my determination to succeed is strong enough.

Og Mandino

journal

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*For those who believe no words are necessary for
those that don't believe no words are possible.*

Stuart Chase



Greek Fire
2012 50 x 60 inches

If you can dream it, you can do it.

Walt Disney

journal



Fragments of the Presocratics

2012 100 x 80 inches

In order to succeed, we must first believe that we can.

Nikos Kazantzakis

Arriving at one goal is the starting point to another.

John Dewey

If you can dream it, you can do it.

Walt Disney

Infuse your life with action. Don't wait for it to happen. Make it happen. Make your own future. Make your own hope. Make your own love. And whatever your beliefs, honor your creator, not by passively waiting for grace to come down from upon high, but by doing what you can to make grace happen... yourself, right now, right down here on Earth.

Bradley Whitford

journal

Your talent is God's gift to you. What you do with it is your gift back to God.

Leo Buscaglia



Conversations with God
2008 84 x 132 inches

It does not matter how slowly you go as long as you do not stop.

Confucius



Ideas Lost in Thought
2012 76 x 54 inches

Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time.

Thomas A. Edison

Life is 10% what happens to you and 90% how you react to it.

Charles R. Swindoll

The secret of getting ahead is getting started.

Mark Twain

You are never too old to set another goal or to dream a new dream.

C. S. Lewis

journal

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The will to win, the desire to succeed, the urge to reach your full potential... these are the keys that will unlock the door to personal excellence.

Confucius



Caves at Qumran
2009 50 x 80 inches

Aim for the moon. If you miss, you may hit a star.
W. Clement Stone

journal



Anaxagoras
2014 60 x 50 inches

*Believe in yourself! Have faith in your abilities!
Without a humble but reasonable confidence
in your own powers you cannot be successful or
happy.*

Norman Vincent Peale

*There is only one corner of the universe you can be
certain of improving, and that's your own self.*

Aldous Huxley

*Knowing is not enough; we must apply. Willing is
not enough; we must do.*

Johann Wolfgang von Goethe

journal

Keep your eyes on the stars, and your feet on the ground.

Theodore Roosevelt



The Paradox of Awe
2010 66 x 88 inches

Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible.

Francis of Assisi



The New Mysterianism
2012 100 x 70 inches

I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear.

Nelson Mandela

There is no better than adversity. Every defeat, every heartbreak, every loss, contains its own seed, its own lesson on how to improve your performance the next time.

Malcolm X

Dreams have as much influence as actions.

Stephane Mallarme

journal

journal

The future belongs to those who prepare for it today.
Malcolm X



Mastery of Te'
2012 50 x 80 inches

Every child is an artist. The problem is how to remain an artist once we grow up.

Pablo Picasso



Mastery of Te' Part II
2012 60 x 50 inches

Every artist writes his own autobiography.

Havelock Ellis

If art is to nourish the roots of our culture, society must set the artist free to follow his vision wherever it takes him.

John F. Kennedy

Great art is the outward expression of an inner life in the artist, and this inner life will result in his personal vision of the world.

Edward Hopper

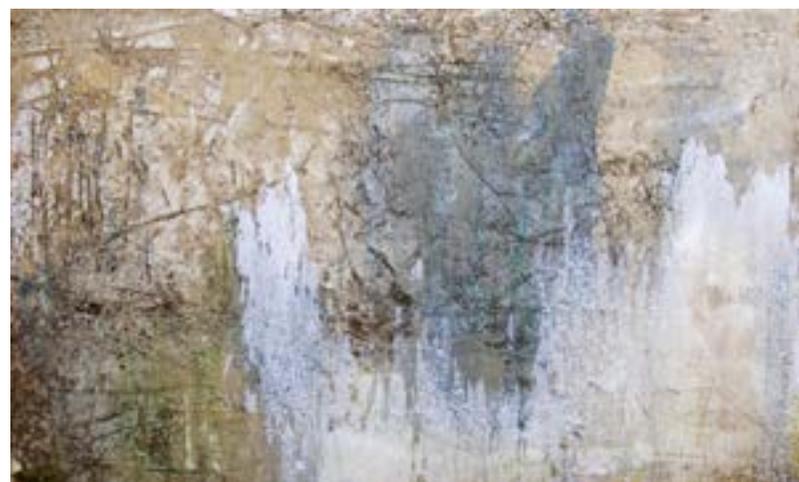
Were I called on to define, very briefly, the term Art, I should call it 'the reproduction of what the Senses perceive in Nature through the veil of the soul.' The mere imitation, however accurate, of what is in Nature, entitles no man to the sacred name of 'Artist.'

Edgar Allan Poe

journal

journal

Every artist was first an amateur.
Ralph Waldo Emerson



Seven Books of Osan
2012 42 x 70 inches

Any great warrior is also a scholar, and a poet, and an artist.

Steven Seagal

journal



Septum Planetarium
2012 76 x 54 inches

The dignity of the artist lies in his duty of keeping awake the sense of wonder in the world. In this long vigil he often has to vary his methods of stimulation; but in this long vigil he is also himself striving against a continual tendency to sleep.

Marc Chagall

A great artist is always before his time or behind it.

George Edward Moore

The artist's job is to be a witness to his time in history.

Robert Rauschenberg

journal

The job of the artist is always to deepen the mystery.
Francis Bacon



Sanctum Sanctorum
2012 50 x 80 inches

Painting is self-discovery. Every good artist paints what he is.

Jackson Pollock



Strophias

2008 76 x 54 inches

What does the artist do? He draws connections. He ties the invisible threads between things. He dives into history, be it the history of mankind, the geological history of the Earth or the beginning and end of the manifest cosmos.

Anselm Kiefer

When I say artist I mean the man who is building things - creating molding the earth - whether it be the plains of the west - or the iron ore of Penn. It's all a big game of construction - some with a brush - some with a shovel - some choose a pen.

Jackson Pollock

What an artist is trying to do for people is bring them closer to something, because of course art is about sharing. You wouldn't be an artist unless you wanted to share an experience, a thought.

David Hockney

journal

journal

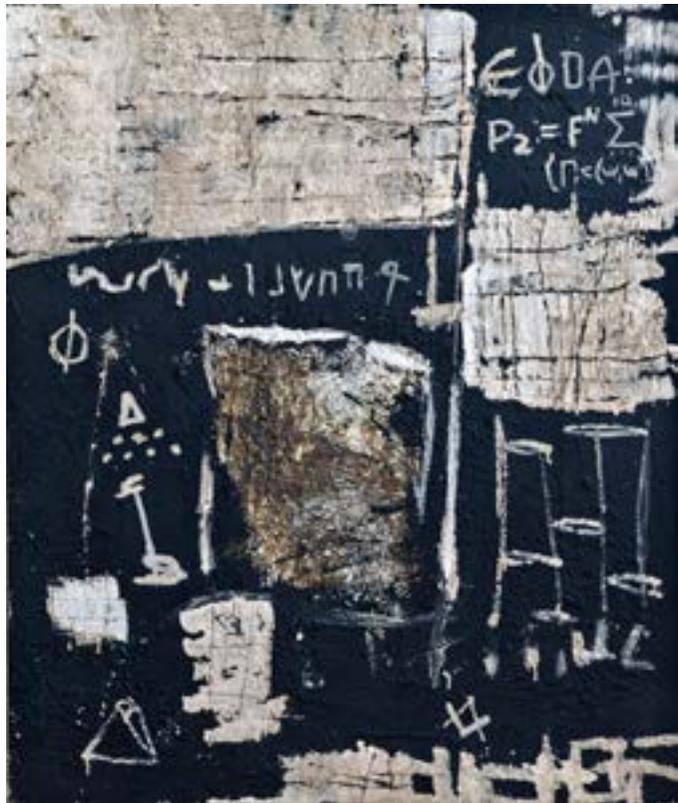
To achieve goals you've never achieved before, you
need to start doing things you've never done before.
Stephen Covey



Staccato Blue
2011 46 x 68 inches

An artist is forced by others to paint out of his own free will.

Willem de Kooning



The Alphabet of Human Thought
2013 60 x 50 inches

A great artist is a great man in a great child.

Victor Hugo

*No great artist ever sees things as they really are.
If he did, he would cease to be an artist.*

Oscar Wilde

*To an engineer, good enough means perfect. With
an artist, there's no such thing as perfect.*

Alexander Calder

*The artist is the confidant of nature, flowers carry
on dialogues with him through the graceful bend-
ing of their stems and the harmoniously tinted nu-
ances of their blossoms. Every flower has a cordial
word which nature directs towards him.*

Auguste Rodin

journal

journal

The artist must train not only his eye but also his soul.
Wassily Kandinsky



The Soul of Dozuka
2010 50 x 60 inches

I am an artist... I am here to live out loud.

Emile Zola



Seven Forms of Rikka
2009 88 x 66 inches

A musician must make music, an artist must paint, a poet must write, if he is to be ultimately at peace with himself.

Abraham Maslow

Yesterday is not ours to recover, but tomorrow is ours to win or lose.

Lyndon B. Johnson

In order to carry a positive action we must develop here a positive vision.

Dalai Lama

Once you replace negative thoughts with positive ones, you'll start having positive results.

Willie Nelson

journal

journal

Only an artist can interpret the meaning of life.
Novalis



Vestigia Nulla Retrorsum
2012 80 x 100 inches

Equipped with his five senses, man explores the universe around him and calls the adventure Science.

Edwin Powell Hubble

journal



Wolfram Logic Part II
2011 88 x 66 inches

The thing that got me started on the science that I've been building now for about 20 years or so was the question of okay, if mathematical equations can't make progress in understanding complex phenomena in the natural world, how might we make progress?

The most important precedents deal with the whole idea of symbolic programming - the notion of setting up symbolic expressions that can represent anything one wants, and then having functions that operate on both their structure and content.

Stephen Wolfram

journal

Only two things are infinite, the universe and human stupidity, and I'm not sure about the former.
Albert Einstein



Intuitional Logic
2010 45 x 55 inches

Ability is what you're capable of doing. Motivation determines what you do. Attitude determines how well you do it.

Lou Holt

journal



Intrinsic Motivation Pt I
2012 100 x 80 inches

Desire is the key to motivation, but it's determination and commitment to an unrelenting pursuit of your goal - a commitment to excellence - that will enable you to attain the success you seek.

Mario Andretti

The bird is powered by its own life and by its motivation.

A. P. J. Abdul Kalam

Wanting something is not enough. You must hunger for it. Your motivation must be absolutely compelling in order to overcome the obstacles that will invariably come your way.

Les Brown

Motivation will almost always beat mere talent.

Norman Ralph Augustine

journal

Motivation is what gets you started. Habit is what keeps you going.
Jim Ryun



Kafkania Pebble
2009 38 x 46 inches

Nothing is enough for the man to whom enough is too little.

Epicurus

journal



The Enthematic Argument
2012 60 x 50 inches

Aristotle referred to the enthymeme as “the body of proof,” “the strongest of rhetorical proofs...a kind of syllogism”
(Socrates is mortal because he’s human)

We are what we repeatedly do. Excellence, then, is not an act, but a habit.

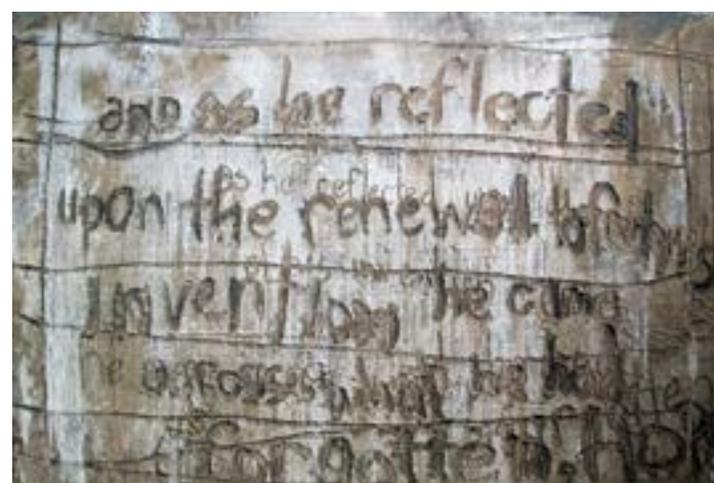
Song is to mortals of all things the sweetest

There is no great genius without some touch of madness.

Aristotle

journal

In all things of nature there is something of the marvelous.
Aristotle



Amsterdam
2010 50 x 80 inches

The new meaning of soul is creativity and mysticism. These will become the foundation of the new psychological type and with him or her will come the new civilization.

Otto Rank



Aleppo Codex
2011 64 x 40 inches

Trying to understand the way nature works involves a most terrible test of human reasoning ability. It involves subtle trickery, beautiful tightropes of logic on which one has to walk in order not to make a mistake in predicting what will happen. The quantum mechanical and the relativity ideas are examples of this.

Richard P. Feynman

Pure mathematics is, in its way, the poetry of logical ideas.

Albert Einstein

I do not think there is any thrill that can go through the human heart like that felt by the inventor as he sees some creation of the brain unfolding to success... such emotions make a man forget food, sleep, friends, love, everything.

Nikola Tesla

journal

journal

*The best and most beautiful things in the world cannot
be seen or even touched - they must be felt with the
heart.*

Helen Keller



Imagine There No Heaven
2007 80 x 120 inches

Eureka! - I have found it!
Archimedes



Phi -the Golden Ratio Pt I
2013 45 x 30 inches

journal

To love beauty is to see light.
Victor Hugo

The world is full of magical things patiently waiting for our wits to grow sharper.

The time you enjoy wasting is not wasted time.

The good life is one inspired by love and guided by knowledge.

Bertrand Russell

journal

*A man of knowledge lives by acting, not by thinking
about acting.*
Carlos Castaneda



From the Rosewood
2012 66 x 88 inches

The best thing one can do when it's raining is to let it rain.

Henry Wadsworth Longfellow



Phi -the Golden Ratio
2013 45 x 30 inches

The woods are lovely, dark and deep. But I have promises to keep, and miles to go before I sleep.

Robert Frost

In the depth of winter I finally learned that there was in me an invincible summer.

Albert Camus

Just living is not enough... one must have sunshine, freedom, and a little flower.

Hans Christian Andersen

Nature always wears the colors of the spirit.

Ralph Waldo Emerson

journal

journal

Painting is silent poetry, and poetry is painting that speaks.
Plutarch



The Ace of Poetry
2012 66 x 88 inches

*Everywhere I go I find that a poet has been there
before me.*

Sigmund Freud



Sum and Substance
2009 76 x 54 inches

*I love those who can smile in trouble, who can
gather strength from distress, and grow brave
by reflection. 'Tis the business of little minds to
shrink, but they whose heart is firm, and whose
conscience approves their conduct, will pursue
their principles unto death.*

Leonardo da Vinci

*The butterfly counts not months but moments,
and has time enough.*

Rabindranath Tagore

Let the beauty of what you love be what you do.

*Everything that is made beautiful and fair and
lovely is made for the eye of one who sees.*

Rumi

journal

journal

*Let your life lightly dance on the edges of Time like dew
on the tip of a leaf.*
Rabindranath Tagore



Concept of Mind
2013 54 x 76 inches

Everything comes to us that belongs to us if we create the capacity to receive it.

Rabindranath Tagore

journal



Coltrane
2006 112 x 86 inches

I want to be a force for real good. In other words, I know that there are bad forces, forces that bring suffering to others and misery to the world, but I want to be the opposite force. I want to be the force which is truly for good.

I'd like to point out to people the divine in a musical language that transcends words. I want to speak to their souls.

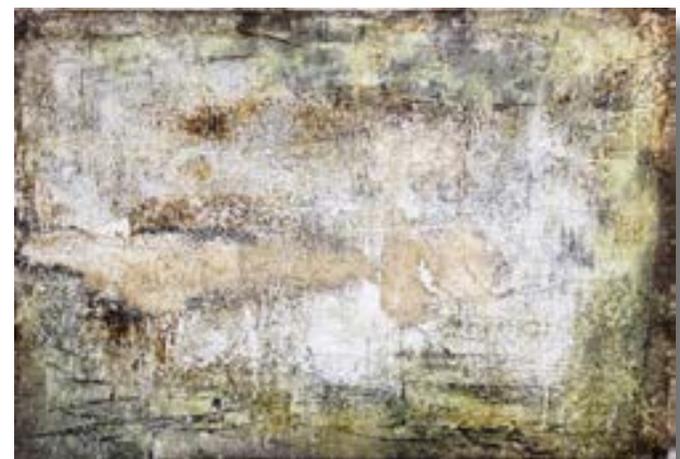
My goal is to live the truly religious life and express it through my music. If you can live it, there's no problem about the music, because it's part of the whole thing.

John Coltrane

journal

Without producing, no man can love, nor can he understand or remember, nor have the power of feeling and being.

Ramon Llull



Raimundus Lullas
2013 50 x 80 inches

*If the doors of perception were cleansed every-
thing would appear to man as it is, infinite.*

William Blake



Fire of the Golden Dawn
2014 46 x 40 inches

*Education is not the filling of a pail, but the light-
ing of a fire.*

*People who lean on logic and philosophy and
rational exposition end by starving the best part
of the mind.*

*Come Fairies, take me out of this dull world, for
I would ride with you upon the wind and dance
upon the mountains like a flame!*

Talent perceives differences; genius, unity.

William Butler Yeats

*The true Tarot is symbolism; it speaks no other
language and offers no other signs*

A. E. Waite

journal

journal

No bird soars too high if he soars with his own wings.
William Blake



Unconscious Competence
2013 50 x 80 inches

None merits the name of Creator but God and the poet.

Torquato Tasso

journal



Tasso's Three Wishes
2013 66 x 55 inches

*Of silver wings he took a shining pair,
Fringed with gold, unwearied, nimble, swift;
With these he parts the winds, the clouds, the air,
And over seas and earth himself doth lift,
Thus clad he cut the spheres and circles fair,
And the pure skies with sacred feathers clift;
On Libanon at first his foot he set,
And shook his wings with rory May dews wet.*

Torquato Tasso

journal

Trust in dreams, for in them is hidden the gate to eternity.
Khalil Gibran



Resistance of the Arch Cord
2009 46 x 54 inches

*Mindset is constant and cohesive; tools change
and improve*

Peter Theil

journal



Apocrypha Synecticus
2011 82 x 55 inches

Apocrypha are works, usually written works, that are of unknown authorship, or of doubtful authenticity, or spurious, or not considered to be within a particular canon. The word is properly treated as a plural, but in common usage is often singular. In the context of the Jewish and Christian Bibles, where most texts are of unknown authorship, Apocrypha usually refers to a set of texts included in the Septuagint but not in the Hebrew Bible.

Innovation distinguishes between a leader and a follower.

Steve Jobs

journal

What it lies in our power to do, it lies in our power not to do.

Aristotle



Aristotle's Apodicticity
2013 78 x 132 inches

Psychology helps to measure the probability that an aim is attainable.

Edward Thorndike



Halo Effect

2012 100 x 80 inches

The halo effect is a specific type of confirmation bias, wherein positive feelings in one area cause ambiguous or neutral traits to be viewed positively. Edward Thorndike originally coined the term referring only to people; however, its use has been greatly expanded especially in the area of brand marketing.

[Edward Thorndike, known for his contributions to educational psychology, coined the phrase “halo effect” and was the first to support it with empirical research. He gave the phenomenon its name in his 1920 article “A Constant Error in Psychological Ratings”.]

I think anything that requires real global breakthroughs requires a degree of intensity and sustained effort that cannot be done part time, so it's something you have to do around the clock, and that doesn't compute with our existing educational system.

Peter Thiel

journal

journal

To know, is to know that you know nothing. That is the meaning of true knowledge.

Socrates



Didactic Method of Elenchus
2013 80 x 100 inches

“Theosophy closes the gap between science and religion by positing reincarnation as a dynamic process [unlike the concept of the eternal return]. The first jewel concerns the doctrine of reincarnation or reimpodiment. It’s all a dynamic process and it’s the way nature works.”

Martin Euser

journal



Liberation from Jupiter
2015 35 x 30 inches

Alice Ann Bailey (June 16, 1880 – December 15, 1949) was a writer of more than twenty-four books on theosophical subjects, and was one of the first writers to use the term New Age. Bailey was born as Alice LaTrobe Bateman, in Manchester, England.[1] She moved to the United States in 1907, where she spent most of her life as a writer and teacher...

Her writings were of the same nature as those of Madame Blavatsky and are known as the Ageless Wisdom Teachings...

Her vision of a unified society includes a global “spirit of religion” different from traditional religious forms and including the concept of the Age of Aquarius.

Wikipedia

journal

*Enlightenment is like the moon reflected on the water.
The moon does not get wet, nor is the water broken.*
Dogen



The Target Unseen
2015 46 x 76 inches

Creativity is a spark. It can be excruciating when we're rubbing two rocks together and getting nothing. And it can be intensely satisfying when the flame catches and a new idea sweeps around the world.

Jonah Lehrer

journal



The Sawyer Effect
2011 120 x 80 inches

Daniel Pink defines the Sawyer Effect as “practices that can either turn play into work or work into play,” after Tom Sawyer, who tricked his friends into painting a fence for him by convincing them it was fun.

Human behavior flows from three main sources: desire, emotion, and knowledge.

Plato

journal

Learning never exhausts the mind.
Leonardo da Vinci



Sinan the Architect
2011 54 x 76 inches

Imagination is the eye of the soul.

Joseph Joubert



Portrait in the Mirror of Erised

2008 99 x 77 inches

Twilight drops her curtain down, and pins it with a star.

Lucy Maud Montgomery

Pessimism leads to weakness, optimism to power.

Believe that life is worth living and your belief will help create the fact.

There is but one cause of human failure. And that is man's lack of faith in his true Self.

William James

The face is the mirror of the mind, and eyes without speaking confess the secrets of the heart.

St. Jerome

journal

*The Holy Grail 'neath ancient Roslin waits.
The blade and chalice guarding o'er Her gates.
Adorned in masters' loving art, She lies.
She rests at last beneath the starry skies.*
The DaVinci Code by Dan Brown

journal



Neith Ancient Roslin Waits
2009 90 x 70 inches

And of all illumination which human reason can give, none is comparable to the discovery of what we are, our nature, our obligations, what happiness we are capable of, and what are the means of attaining it.

Adam Weishaupt

The generous wish to share with all what is precious, to spread broadcast priceless truths, to shut out none from the illumination of true knowledge, has resulted in a zeal without discretion that has vulgarised Christianity, and has presented its teachings in a form that often repels the heart and alienates the intellect.

Annie Besant

journal

Bring ideas in and entertain them royally, for one of them may be the king.

Mark Van Doren



The Hill at Tor
2015 78 x 88 inches

*The tree that is beside the running water is fresher
and gives more fruit.*

Saint Teresa of Avila



Ravenloft
2009 66 x 56 inches

The starting point of all achievement is desire.

*Think twice before you speak, because your words
and influence will plant the seed of either success
or failure in the mind of another.*

*Cherish your visions and your dreams as they are
the children of your soul, the blueprints of your
ultimate achievements.*

*Victory is always possible for the person who
refuses to stop fighting.*

A goal is a dream with a deadline.

*If you cannot do great things, do small things in a
great way.*

Napoleon Hill

journal

journal

Accustom yourself continually to make many
acts of love, for they enkindle and melt the soul.
Saint Teresa of Avila



La Poule Noire
2015 42 x 70 inches

Let the beauty of what you love be what you do.
Jelaluddin Rumi

journal



There's a Field I'll Meet you There
2007 106 x 78 inches

*The breeze at dawn has secrets to tell you.
Don't go back to sleep.*

*You must ask for what you really want.
Don't go back to sleep.*

*People are going back and forth across the door-
sill where the two worlds touch.*

*The door is round and open.
Don't go back to sleep.*

***Out beyond ideas of wrongdoing
and rightdoing there is a field.
I'll meet you there.
When the soul lies down in that grass
the world is too full to talk about.***

Rumi

journal

The mind is not a vessel to be filled but a fire to be kindled.

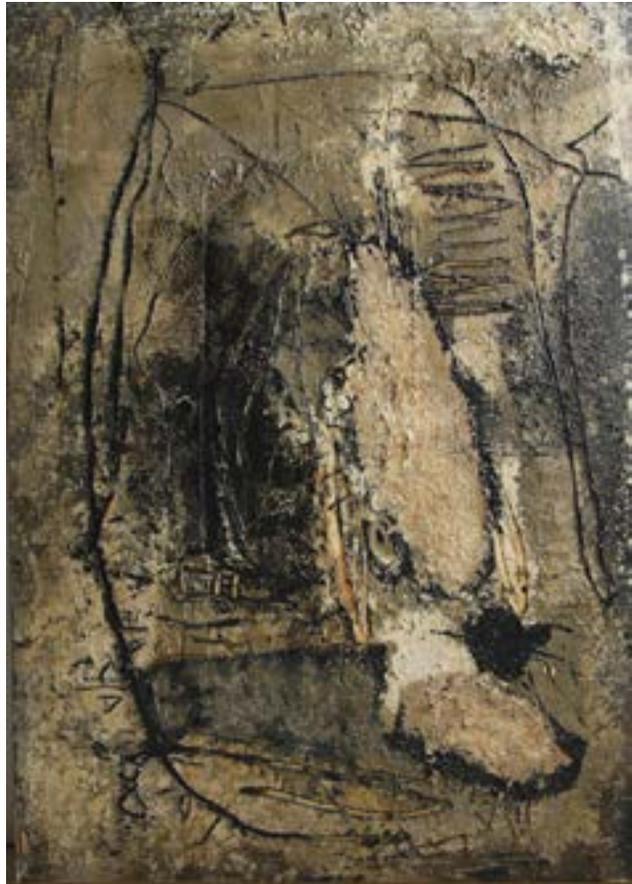
Plutarch



Eye of Horus
2015 86 x 120 inches

*And, when you want something, all the universe
conspires in helping you to achieve it*
Paulo Coelho, *The Alchemist*

journal



Waterstone of the Wise
2007 76 x 54 inches

*We shall suffer no attachment to literature, no
taste for abstract discussion, no love of purely in-
tellectual theories, to seduce us from our devotion
to the cause of the oppressed, the down trodden,
the insulted and injured masses of our fellow men.*

*To that movement, consecrated by religious prin-
ciple, sustained by an awful sense of justice, and
cheered by the brightest hopes of future good, all
our powers, talents, and attainments are devoted.*

George Ripley

journal

Painting is silent poetry, and poetry is painting that speaks.

Plutarch



Knowledge of Coherences
2014 50 x 70 inches

*Who looks outside, dreams; who looks inside,
awakes.*

Carl Jung



Imago Exegitica
2014 56 x 44 inches

**Definition of Imago; an idealized mental image
of another person or the self**

*The world we see that seems so insane is the
result of a belief system that is not working. To
perceive the world differently, we must be willing
to change our belief system, let the past slip away,
expand our sense of now, and dissolve the fear in
our minds.*

*Success or failure depends more upon attitude
than upon capacity successful men act as though
they have accomplished or are enjoying some-
thing. Soon it becomes a reality. Act, look, feel
successful, conduct yourself accordingly, and you
will be amazed at the positive results.*

William James

journal

journal

In all chaos there is a cosmos, in all disorder a secret order.

Carl Jung



To Atthis
2015 38 x 58 inches

*That which is false troubles the heart, but truth
brings joyous tranquillity.*

Rumi



Echoes Invictus
2015 90 x 72 inches

*Out of the night that covers me,
Black as the pit from pole to pole,
I thank whatever gods may be
For my unconquerable soul.*

*In the fell clutch of circumstance
I have not winced nor cried aloud.
Under the bludgeonings of chance
My head is bloody, but unbowed.*

*Beyond this place of wrath and tears
Looms but the Horror of the shade,
And yet the menace of the years
Finds, and shall find me, unafraid.*

*It matters not how strait the gate,
How charged with punishments the scroll,
I am the master of my fate:
I am the captain of my soul.*

William Ernest Henley

journal

journal

That which is false troubles the heart, but truth
brings joyous tranquillity.
Rumi



Almacantara
2011 80 x 100 inches

*The traveller with empty pockets will sing in the
thief's face.*

Juvenal

journal



Arvirargus
2014 60 x 50 inches

*Fear no more the heat o' the sun,
Nor the furious winter's rages;
Thou thy worldly task hast done,
Home art gone, and ta'en thy wages:
Golden lads and girls all must,
As chimney-sweepers, come to dust.*

William Shakespeare

journal

I wish it, I command it. Let my will take the place of a reason.

Juvenal



Bouclou La Flambea
2012 50 x 80 inches

Without energy life would be extinguished instantaneously, and the cellular fabric would collapse.
Albert Szent-Gyorgyi

journal



Cellular Rejuvenation
2009 76 x 54 inches

Genius is patience.

To every action there is always opposed an equal reaction.

A man may imagine things that are false, but he can only understand things that are true, for if the things be false, the apprehension of them is not understanding.

Truth is ever to be found in simplicity, and not in the multiplicity and confusion of things.

Isaac Newton

journal

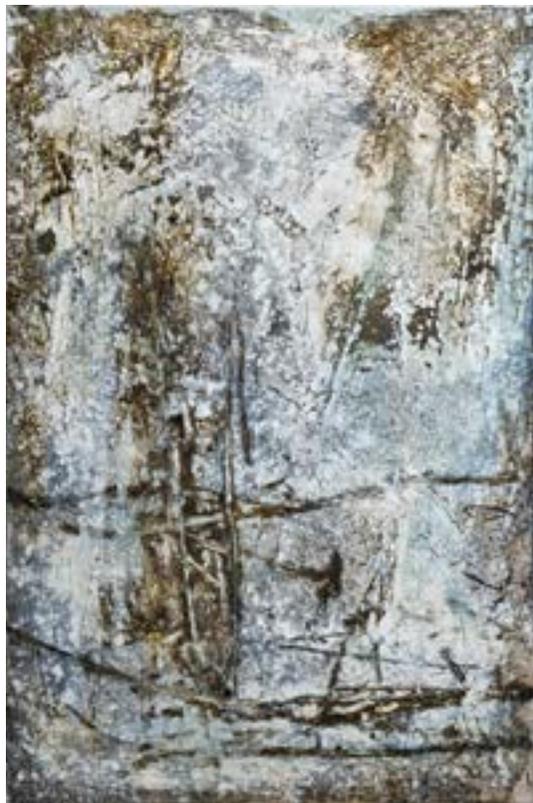
Our virtues are most frequently but vices disguised.
Juvenal



The Sixth Letter
2013 42 x 70 inches

If I have seen further than others, it is by standing upon the shoulders of giants.

Isaac Newton



Bhaskara's the Beautiful
2011 90 x 60 inches

The fondest dream of the information age is to create an archive of all knowledge. You might call it the Alexandrian fantasy, after the great library founded by Ptolemy I in 286 BC.

Gary Wolf

All truths are easy to understand once they are discovered; the point is to discover them.

We cannot teach people anything; we can only help them discover it within themselves.

By denying scientific principles, one may maintain any paradox.

Galileo Galilei

journal

journal

I have never met a man so ignorant that I couldn't learn something from him.

Galileo Galilei



Awakening
2009 50 x 40 inches

Even asleep we partake in the becoming of the world.

A Magic Mountain by Czeslaw Milosz



Awe of Lightning
2009 70 x 42 inches

journal

*Reckless the Recluse reasoned his way
to remarkably remember reinventing
himself,*

*and when he reflected upon the renewal
of his invention he came across what
he had forgotten, Hope.*

Edward Lentsch

journal

Measure what is measurable, and make measurable what is not so.

Galileo Galilei



Dream within a Dream
2014 40 x 70 inches

*With an eye made quiet by the power of harmony,
and the deep power of joy, we see into the life of
things.*

*When from our better selves we have too long
been parted by the hurrying world, and droop.
Sick of its business, of its pleasures tired, how
gracious, how benign is solitude.*

William Wordsworth

journal



Lonely as a Cloud
2014 100 x 80 inches

***I wandered lonely as a cloud
That floats on high o'er vales and
hills,
When all at once I saw a crowd,
A host, of golden daffodils.***

by William Wordsworth

journal

I am as bad as the worst, but, thank God, I am as good
as the best.
Walt Whitman



Elysium
2013 50 x 80 inches

*Let your soul stand cool and composed before a
million universes.*
Walt Whitman



The Equation
2010 76 x 54 inches

*There is geometry in the humming of the strings,
there is music in the spacing of the spheres.*

*Do not say a little in many words but a great deal
in a few.*

*It is better wither to be silent, or to say things of
more value than silence. Sooner throw a pearl at
hazard than an idle or useless word; and do not
say a little in many words, but a great deal in a
few.*

Pythagoras

journal

journal

*Coming together is a beginning; keeping together
is progress; working together is success.*

Henry Ford



Flight
2008 70 x 110 inches

At heart I am a librarian, a bird-watcher, a transcendentalist, a gardener, a spinster, a monk.

Juliana Hatfield



The Transcendentalist
2009 80 x 60 inches

Life is a series of experiences, each one of which makes us bigger, even though sometimes it is hard to realize this. For the world was built to develop character, and we must learn that the setbacks and grieves which we endure help us in our marching onward.

Even a mistake may turn out to be the one thing necessary to a worthwhile achievement.

Henry Ford

So thoroughly and sincerely are we compelled to live, reverencing our life, and denying the possibility of change. This is the only way, we say; but there are as many ways as there can be drawn radii from one centre. All change is a miracle to contemplate; but it is a miracle which is taking place every instant.

Henry David Thoreau

journal

journal

*All our knowledge begins with the senses, proceeds
then to the understanding, and ends with reason.
There is nothing higher than reason.*
Immanuel Kant



From the Book of Creation
2013 54 x 76 inches

To one who has faith, no explanation is necessary. To one without faith, no explanation is possible.

Thomas Aquinas

journal



Iddhi

2014 46 x 40 inches

The normal Sanskrit meaning of Iddhi is “increase, growth, prosperity, success, good fortune, wealth, abundance”.

I have always believed, and I still believe, that whatever good or bad fortune may come our way we can always give it meaning and transform it into something of value.

Hermann Hesse

Life is a song - sing it. Life is a game - play it. Life is a challenge - meet it. Life is a dream - realize it. Life is a sacrifice - offer it. Life is love - enjoy it.

Sai Baba

journal

You are what your deep, driving desire is. As your desire is, so is your will. As your will is, so is your deed. As your deed is, so is your destiny.

Anonymous, The Upanishads



Lessons from the I Ching
2008 50 x 80 inches

Man is made by his belief. As he believes, so he is.
Bhagavad Gita



Last of the First Magnitude
2008 60 x 50 inches

He who is rich in the knowledge of the Self does not covet external power or possession.

Paramananda, The Upanishads

She saw the myriad gods, and beyond God his own ineffable eternity; she saw that there were ranges of life beyond our present life, ranges of mind beyond our present mind and above these she saw the splendors of the spirit.

Metaphysical thinking will always no doubt be a strong element in her mentality, and it is to be hoped that she will never lose her great, her sovereign powers in that direction.

Sri Aurobindo

journal

journal

Somewhere, something incredible is waiting to be known.
Carl Sagan



Noetique
2014 51 x 63 inches

journal



Haiku
2006 64 x 32 inches

in spring
she whispers
a sip of shinto
sun wen lotus
sways below cobalt sky
a thought of sobo
pink cherry blossom's
swirl the porcelain plate
hands folded in prayer

Shinto Poem

journal

God does not want us to do extraordinary things; he wants us to do ordinary things extraordinarily well.
Rabbi Bernard S. Raskas



Season of the Mind
2011 60 x 100 inches

FIFTY-FIVE AUTHORS OF CONSEQUENCE

1. Oren Klaff Pitch Anything
2. Katherine T Carter Accelerating on the Curves: the Artist's Roadmap to Success
3. Michael Gerber The Emyth Revisited
4. Tony Robbins Awaken the Giant Within, Unlimited Power
5. Daniel H Pink (To Sell is Human, Drive, Free Agent Nation, and A Whole New Mind)
6. Peter Guber Tell to Win
7. Peter H. Diamandis Abundance
8. Malcom Gladwell The Tipping Point
9. Paul Zane Pilzer Unlimited Wealth: The Theory and Practice of Economic Alchemy
10. Tony Hsieh Delivering Happiness
11. Brendon Bruchard The Millionaire Messenger
12. Richard Branson Business Stripped Bare
13. Russel Brunson Micro Continuity
14. John Brockman This Will Make You Smart: New Scientific Concepts to Improve...
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16. Robert Kiyosaki Rich Dad Poor Dad, Unfair Advantage
17. Eric Butterworth Discover the Power Within You
18. Eric Ries The Lean Startup
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21. Thomas L. Friedman The World is Flat, That Used to be Us
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23. Richard Wiseman The As If Principle
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33. Dave Kerpen Likeable Social Media
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36. Don Tapscott and Anthony D. Williams Wikinomics: How Mass Collaboration Changes...
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The Dead Sea Scrolls by G. Vermes
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PROFESSIONAL PROFILE

Edward Lentsch's expansive artistic practice explores his relationship between the self, nature and the universe. From the Fibonacci sequence to the teachings of Aristotle, Lentsch attempts to create a bridge between the natural world and these intellectual canons, exploring the interconnection between the realms of science and mysticism, the metaphysical and the spiritual. He explores how these three facets are integrated within a global environment and moreover how we, as humans, fit within this complex matrix of thought using the ideas of some of the world's greatest writers and scholars. Lentsch works across a variety of media to create an 'energy of intention', in which textures, compositions and colours (or their absence) are combined. At first glance, his abstract canvases bring to mind the earthen tones of Kiefer, or the scratched surfaces of Tàpies. Lentsch, however, draws from a broader art historical canon, and painting becomes an extension of the life force around him, a transformative experience through which he can mediate a pure experiential moment. Flowing from a nonverbal intuitive state of creative expression, Lentsch bridges a complex visual language in which colours and textures are lifted from the natural world. On canvas, they are refracted and tessellated, at times put through the process of entropy, which allows for them to be transformed and transmuted. Lentsch starts with a mastic and polymer foundation, before working with stone powders and dry pigments. Here, while the work is still wet, he uses trowels and sticks creating visual interventions. Before encapsulating the work in shellac and various varnishes, each work's effervescence is enhanced and its distressed surface is developed. Works take on qualities of organic surfaces, such as sandstone or granite, using an intricate network of flecks and dots of pigment to proliferate the densely worked surface. One can imagine soft, snowy landscapes of white and grey or the verdant green of a tranquil overgrown pond or even the harsh dark lines of barren twigs and brush against an autumn landscape. Lentsch's technique allows for the transla-

tion of our natural landscapes into abstract environments. It is the complex relationship between what is known, or the skill and technique, and what is manifested, the interpretation or intuition, that lies at the heart of Lentsch's painterly technique. He uses the force of the paint as it is applied to the canvas as a sensory way to connect with the energy of the life force around him. Lentsch's paintings also use logic existing within nature; for example, the number sequences that comprise the fractals of a snowflake. This ontological approach is spurred by the artist's interest in Synectics, a methodology that seeks to explore how creativity works by a connecting of dots to reach a higher plane of understanding that encompasses the physical, psychological and symbolic. In this way Lentsch explores links between elemental phenomena and more ethereal, spiritual and magical experiences. Each of Lentsch's works refers to a particular theory, intellectual, mathematical or spiritual intellection. His titles are not intended to act as complete narratives for individual paintings, but rather to demonstrate their significance as a theoretical foundation where each piece is connected to the other. His work becomes a series of links within a chain creating an intuitive dialogue between the conscious and subconscious ---but pushing toward something further. Just as his paintings make connections between the natural world and abstraction, it is the force of painting that helps him complete the circle. In diving into the canvas Lentsch understands his connection to the beauty and complexity of life that allow him to find freedom and personal empowerment.

LONDON 2014

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